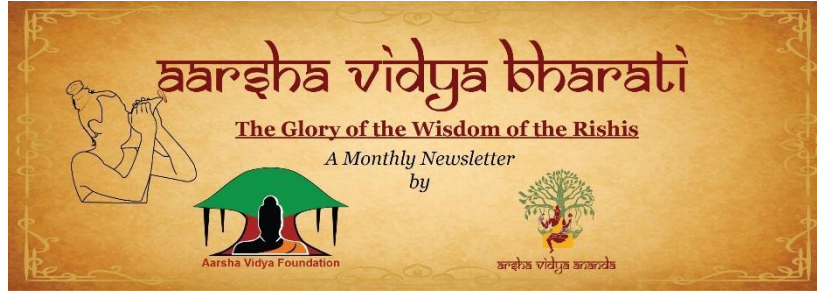


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# Aarsha Vidya Bharati - Apr 2024

*Chaitra - Vaisakha 2081*

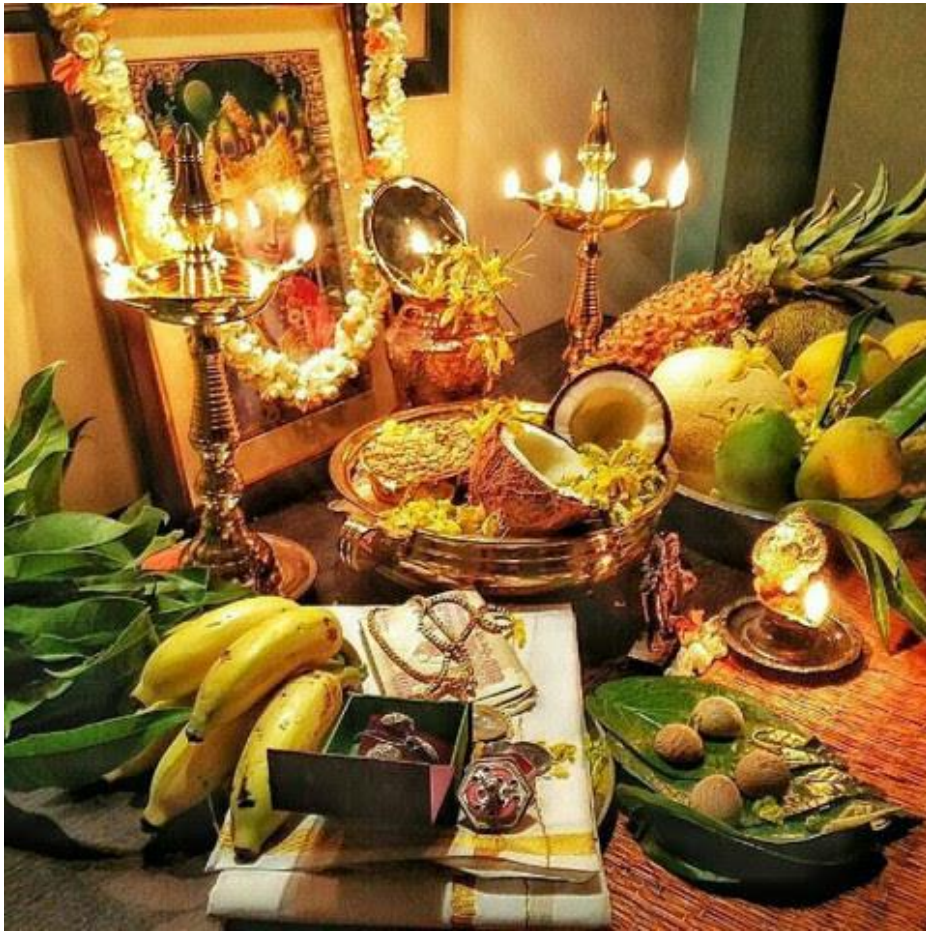
A monthly newsletter that will bring you more happiness, more wisdom and more freedom



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This is one of many articles from our monthly newsletter. Access the [apr 2024 issue](#) or read any of [the articles](#).

**Happy Hindu New Year!**



Every moment is a new beginning.

A beginning of hope and optimism.

A chance to set things right.

An opportunity to manifest one's shakti-s.

A gift of the present.

A possibility of change.

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The new moment does not care how the previous million moments have been.

It is new and an invitation to us is to begin again.

More so when it is a new year!

Our Hindu new year starting in April 2024 is *Krodhi nāma Saṃvatsara*. It is not suggesting that you become more angry in the new year! It is one of the sixty names that repeats in every cycle. More about *Saṃvatsara* in the Spotlight section.

Different communities in Bharat observe different days as New Year's day - mostly in the Spring season. This is determined by whether the lunar, solar or lunisolar calendar is being followed.

Those regions which follow the Solar calendar celebrate Baisakhi in Punjab, Bihu in Assam, Puthandu in Tamil Nadu, Vishu in Kerala, Odia Nababarsa in Odisha and Poila Boishakh in Bengal - in the Vaishakha month of the calendar usually around 14th or 15th April.

The regions which follow the Lunar calendar consider Chaitra as the first month of the year, so the new year is celebrated on the first day of this month like Ugadi in Andhra Pradesh, Telangana, Karnataka and Gudi Padwa in Maharashtra.

As per the Indian Calendar based on Lunisolar Cycle, Kartik is the first month of the year and the New Year in Gujarat falls on the first bright day of Kartik (Ekam).

We will celebrate with our families and friends by spring cleaning, wearing new clothes perhaps, revelling in sweets, seeking grace for our endeavors, visiting temples, doing *dānam* and so on.

We will also celebrate Chaitra Navaratri alongside Rama Navami and Hanuman Jayanti. This year Rama Navami will feel a lot sweeter because of the re-establishment of the Rama Mandir in Ayodhya, knowing that *Bhagavān* Rama is looking over us and guiding us as we walk the path of Dharma and do seva unto *Bhagavān* as Sri Hanuman.

Prayers and best wishes for the new Hindu year!

With love and prayers,

Brahmavidananda  
Brahmaprajnananda