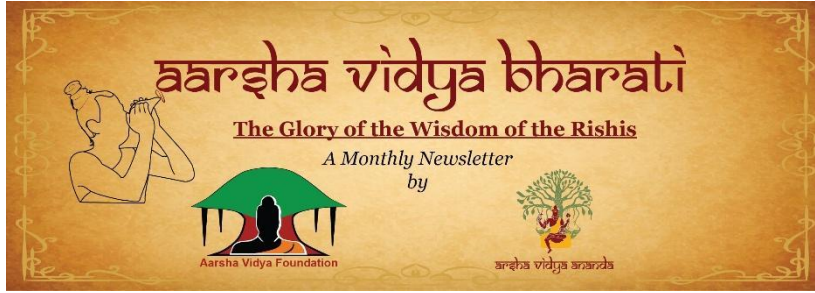


Aarsha Vidya Bharati - Mar 2024

Phalgun 2080 - Chaitra 2081

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [mar 2024 issue](#) or read any of [the articles](#).

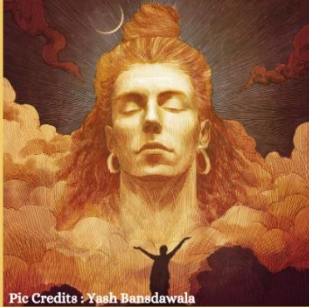
Mahashivaratri Celebration

www.vedicwisdom.in

www.discoveratma.com

॥ ॐ नमः शिवाय ॥

Celebrating Mahashivaratri



8.30 - 10.30 pm IST
8th March 2024, Friday

(Rudrabhishekam puja, Talks by Swami Brahmavidananda and Swamini Brahmajnananda, Offerings of music, dance, yoga and martial arts)

Picture Credits - Yash Bansdawala

Suggested Mahashivaratri sadhana -
॥ ॐ नमः शिवाय ॥ Namah to Shiva that is all auspiciousness.
Chant 1/3/5 or more malas of the mantra every day, leading up to Mahashivaratri (each mala - 108 times).
Every time you begin, visualise yourself doing abhishekam of Bhagavan Shiva and the waters flowing from his feet and showering upon you as blessings.

Zoom Meeting ID: 81621005221
Passcode: shiva
All are Welcome

[Click here for zoom link. Passcode: shiva](#)

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