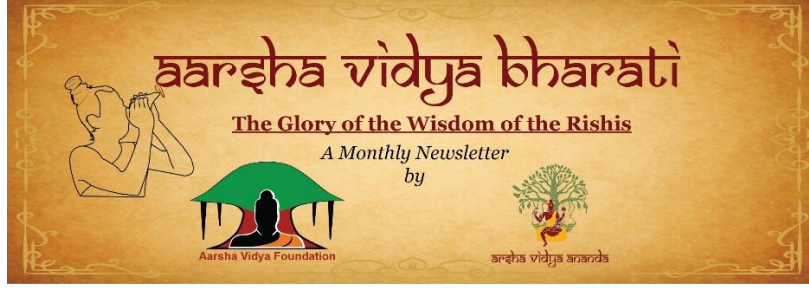


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# Aarsha Vidya Bharati - Oct 2023

## Ashvina - Kartika 2080

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



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This is one of many articles from our monthly newsletter. Access the [Oct 2023 issue](#) or read any of [the articles](#).

## Oneness with the Universe

**Between 1963 and 1967 our beloved guru Pujya Swami Dayananda ji** spent 4 years living in a hut by the banks of the Ganga, studying, teaching, contemplating and writing. He would often remark that those years were the happiest years of his life.

Here is an excerpt from the newly released booklet – **Reflections by the Ganga**.

### ***Oneness with the universe***

*Pour, pour yourself out*

*Flood the cosmos with love,*

*Shake hands with the sun, sing with the stars*

*Mingle with the moon, wander with the wind*

*Fly with the birds, nod with the flowers*

*Play with the child, sleep with the earth*

*Be in harmony with everything around*

*Earth, cosmos, the universe*

*It is not like a child to its mother*

*Nor the love for the beloved*

*But as a stone to the earth,*

*For however high it is thrown*

*Urgently, it reaches the earth*

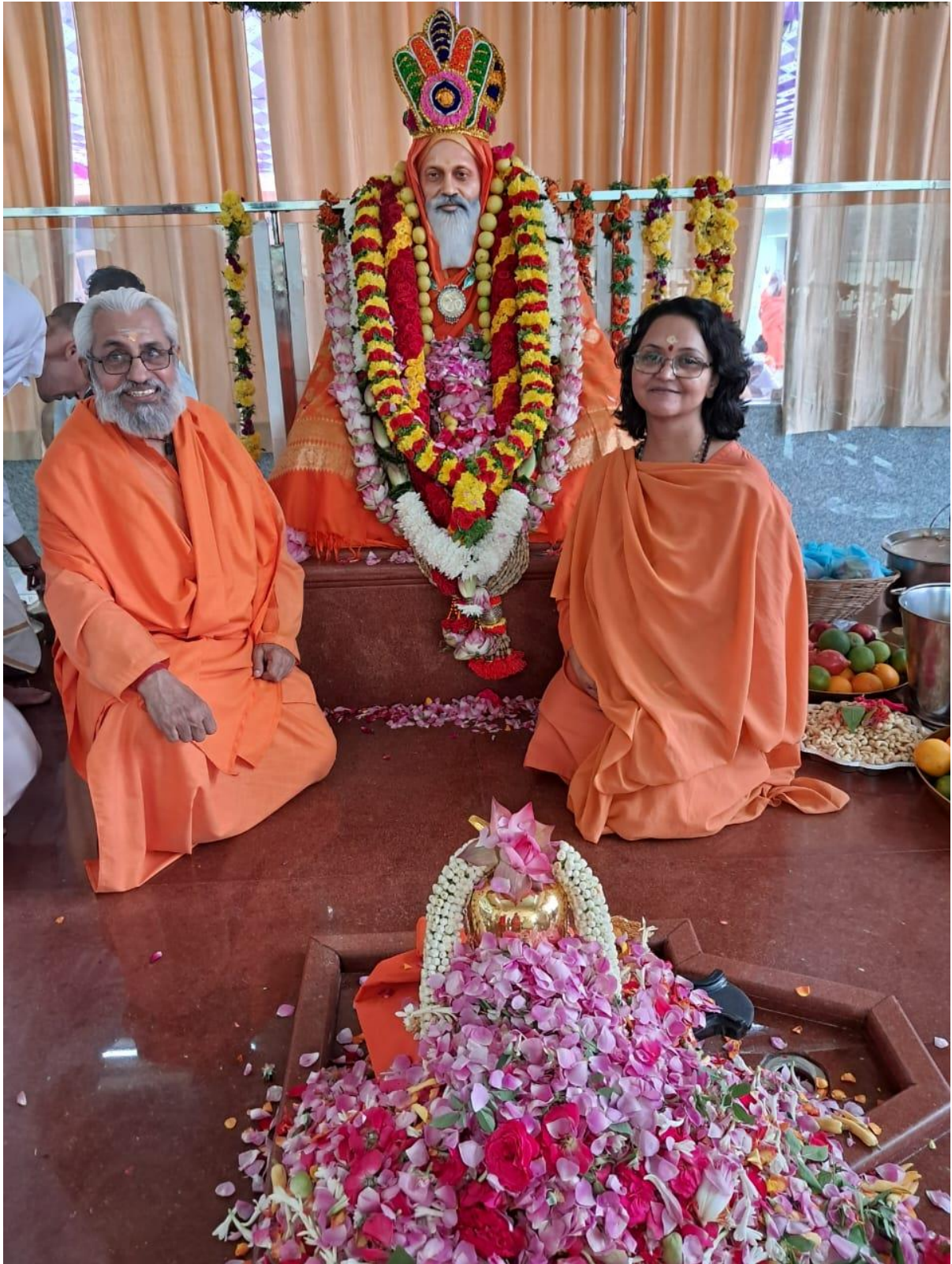
*Like waters to the ocean, fire to the sun*

*Hold the burning firewood low as you might*

*Fire ever burns upwards towards the sun*

*All, all of them return to their source*

*And their source is Love.*



*The disciple first accepts the master with a sense of surrender. Thereafter he appreciates the master more because of his own growth and there is total surrender. And thereafter there is mutual appreciation and respect. Ultimately what is left in the place of Guru and śiṣya is one akhaṇḍa love.*

\* akhaṇḍa – One with no division

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Like every September since 2015, we returned to Rishikesh to participate in the Arsha Vidya Meet of all teachers and offer our prayers and reverence to our beloved Pujya Swamiji on the *Ārāḍhanā* day.

With best wishes and prayers for the upcoming *pitṛ pakṣa* and Navaratri *sāḍhanā*,  
Brahmavidananda  
Brahmaprajnananda

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