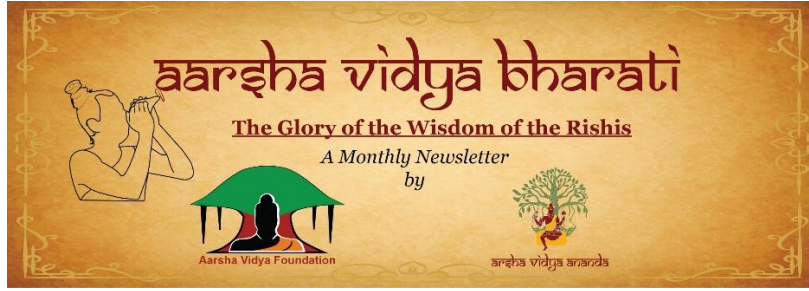

Aarsha Vidya Bharati - February 2023

Magha - Phalguna 2079

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [Feb 2023 issue](#) or read any of [the articles](#).

Spotlight - why Shivalingam?

By Swamini BrahmaPrananda

The word *Lingam* in Sanskrit means a symbol. The derivation of the word is '*lingyate budhyate anena iti lingam*' – that by which (something) is represented or known is *lingam*'. The *Lingam* is a form which has no particular form.

If all the forms in the creation were put together they would be an undefinable form which is symbolised by the *lingam*. Since all forms are the Lord and the Lord is not any one form, the *lingam* represents the formless form of the Lord.

There is no reference in the Vedas to the *lingam* being a phallic symbol for the union of the masculine and feminine principles of creation.

Spotlight on word



and meaning for clarity

[Subscribe](#) | aarshavidyabharati@gmail.com | [Aarsha Vidya Foundation](#) | [Arsha Vidya Ananda](#) | [SHINE](#)