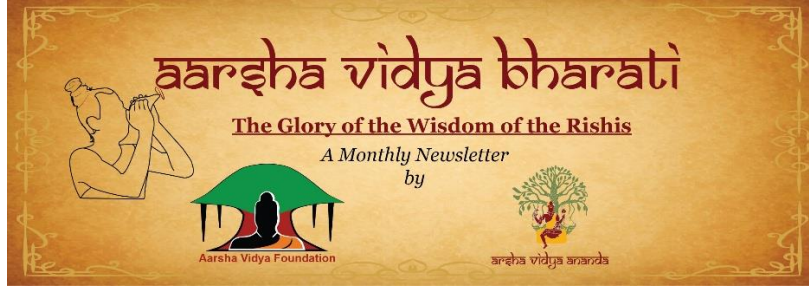

Aarsha Vidya Bharati - March 2023

Phalguna - Chaitra 2079

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [March 2023 issue](#) or read any of [the articles](#).

Closing with a smile...

Puns by Karthik Narayanan, London

The 5 Prāṇa-s went to a Vedanta camp in Rishikesh. Here's what they had to say:

Prāṇa: "The grand vision took my breath away!"

Apāna: "Profound! And Swachh Bharat has transformed Rishikesh's sanitation!"

Vyāna: "The Truth had my blood gushing through my veins."

Udāna: "When I discovered the Truth about myself I almost threw up."

Samāna: "Mind boggling. It'll take me some time to digest this."

Inspired, the 5 Jnānendriya-s attended the next Vedanta camp. Jnānendriya-s being extroverts, their feedback was a mixed bag:

Eyes: "I now clearly see The Truth!"

Ears: "The acoustics weren't great. Couldn't hear much."

Nose: "Something smelt fishy all along."

Tongue: "The Bhandara tasted great!"

Skin: "I'm deeply touched!"

Not to be left behind, the antaḥkaraṇa-s went to the next one. This is what they said:

Manah: "I'm still making up my mind"

buddhiḥ: "I'm firmly convinced of the Truth"

cittam: "I'm trying to remember what was said"

Ahaṅkāraḥ: "Good Lord. I'm the biggest villain!"

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