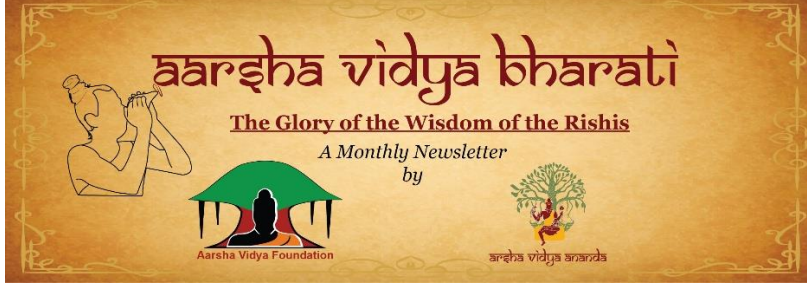


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# Aarsha Vidya Bharati - December 2022

*Pausa - Magha 2079*

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



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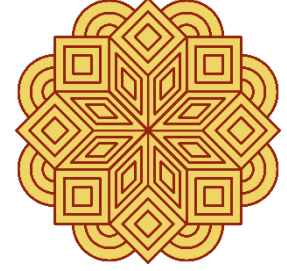
## Samyak Krtam

**Subhāsitam**

By Kavita Shah, Mumbai

The seventh *Paddhatiḥ* of *Nītiśatakam* is **परोपकारपद्धतिः** (*Paropakārapaddhatiḥ*). In this *Paddhatiḥ*, *Bhartrhari* places importance on doing charitable deeds by remaining benevolent. Trees flourishing with fruits bend down, clouds filled with water loom down and kind persons remain down to earth.

एके सत्पुरुषाः परार्थघटकाः स्वार्थान्परित्यज्य ये ।  
सामान्यास्तु परार्थमुद्यमभृतः स्वार्थाविरोधेन ये ।  
तेऽमी मानुषराक्षसाः परहितं स्वार्थाय निध्नन्ति ये ।  
ये निध्नन्ति निरर्थकं परहितं ते के न जानीमहे ॥



*eke satpuruṣāḥ parārthaghaṭakāḥ svārthānparityajya ye |*  
*sāmānyāstu parārthamudyamabhṛtaḥ svārthāvirodhena ye |*  
*te'mī mānuṣarākṣasāḥ parahitaṁ svārthāya nidhnanti ye |*  
*ye nidhnanti nirarthakaṁ parahitaṁ te ke na jānīmahe ||*

(With respect to self-centredness and helpfulness there are four types of people behaving in four ways). The ones who act for the others' welfare by giving up their own self-interest are the only true men. Ordinary men act for the others' welfare if it's not opposed to their own self-interest. Human demons care only for gaining their self-interest by crushing welfare of the others. But I do not know what to call those who have no self-interest and still ruin the others' welfare.

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