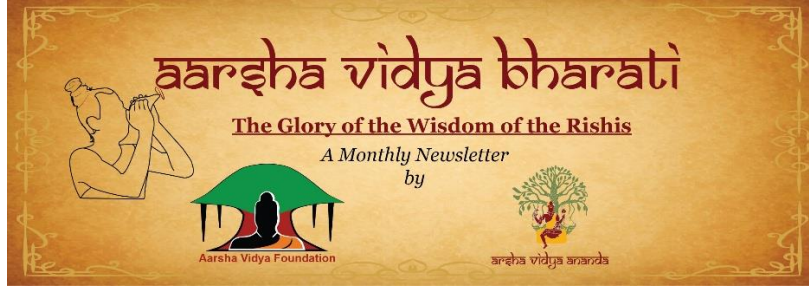

Aarsha Vidya Bharati - December 2022

Agrahayana - Pausa 2079

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [Dec 2022 issue](#) or read any of [the articles](#).

Opening Words

Every other week, we receive recommendations. Not ads on media.

Just heartfelt statements from our people with gushing tones or equivalent emojis

'You must watch this movie.'

'You should try this' (shampoo, restaurant, online deal)

'You will love how it feels'.

'I thought about you when I came across this'

'I found this so helpful..you too will find it helpful...' (social media handle to follow, article, class, course etc)

These recommendations are made by friends, family members, office colleagues - people we trust.

People who wish well for us. People who are like us.

People who do things like us.

People who understand us and who know what we will benefit from.

Our people don't manipulate us.

Very often we try out the movie, the product, the restaurant, the class. We may react and respond differently. But we do try what is recommended.

When we make similar recommendations, we want our people to share our delight too. We are not worried about whether they will think less of us.

We like something. We share it. That's it!

Among all the things that you suggest and recommend, how about also recommending our annual Vedic Wisdom festival to your friends, family, colleagues and 'friends' on social media? Maybe it will make them healthier, happier and wiser. [Register - www.vedicwisdomfestival.in](http://www.vedicwisdomfestival.in)

As the last month of the calendar year begins, we cannot help but look back on some of the key highlights of our year. We ask ourselves,

Did we live well? Did we grow?

Are we wiser? Are we happier? Are we free?

Whatever be the answer, we are grateful for this blessing called life as hope and optimism about the next year percolates through our hearts.

With gratitude for this year and love and prayers for the new year

Brahmavidananda
Brahmaprajnananda

Aarsha Vidya Foundation
Presents
VEDIC WISDOM FESTIVAL 2022



Swami Brahavidananda
Saraswati
Festival Founder



Swamini
Brahmaprajnananda
Festival Founder

Namaste and welcome to the fifth edition of the Vedic Wisdom Festival, a two-day online global festival with the theme of Vedic vision for a complete life. The topics range from Temple tradition from the Agama Shaastra to Ayurveda for daily living, Yoga and various other topics on Vedanta.

Register on
www.vedicwisdomfestival.in

From 9.30 am to 1 pm & 3.30 pm to 6.00 pm
3rd & 4th December 2022 | Live on Zoom



Ravi Sam



Swamini
Satyavratana



Dr Parthasarathy



Sraboni
Chaudhuri



Swami
Sarvananda



M. R. Ravi Vaidyanat
Sivachariar



Aarsha Vidya Foundation
A registered non-profit trust in Mumbai

Supported by:  

[Subscribe](#) | aarshavidyabharati@gmail.com | [Aarsha Vidya Foundation](#) | [Arsha Vidya Ananda](#) | [SHINE](#)