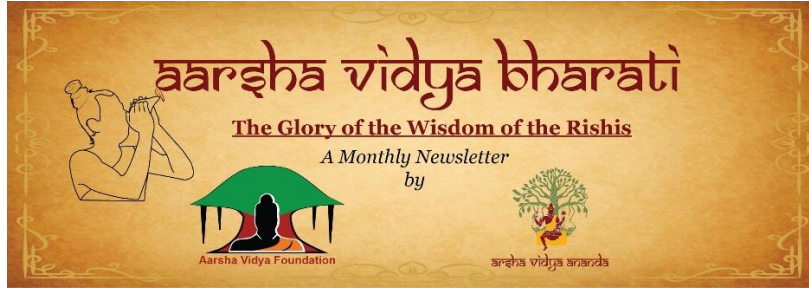

Aarsha Vidya Bharati - January 2023

Pausa - Magha 2079

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [Jan 2023 issue](#) or read any of [the articles](#).

Opening Words

The world is celebrating the New year.

Even though it may not be our New year from the religious perspective, we all follow the Gregorian calendar.

As students of Vedanta, it will be a good idea to rededicate ourselves to the pursuit of joy and fulfillment that is our true nature.

Make a greater commitment to the study and personal growth.

Days change. Years change.

Years change with the days.

The way we live our lives is the way we live our days

In 2023, may your days be full as you live your *svadharma*.

May you discover the fullness, *pūrṇatvam* that you already are.

May you have a full-filled year in all ways.

With love and prayers,

Brahmavidananda

Brahmaprajnananda



'Mahalakshmi temple, Kolhapur', June 2022