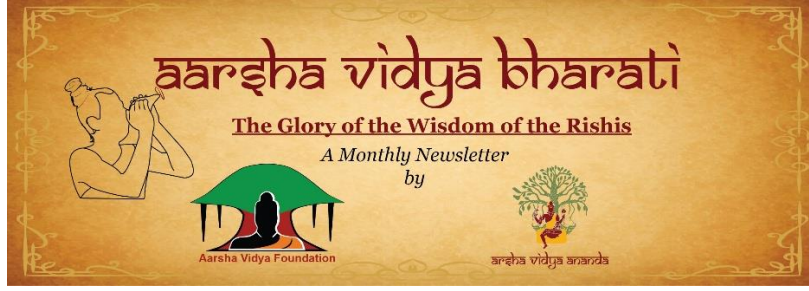

Aarsha Vidya Bharati - Aug 2022

Sravana - Bhadrapada 2079

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [Aug 2022 issue](#) or read any of [the articles](#).

Opening Words



We remember our beloved Pujya Swami Dayananda ji on his 92 nd birth anniversary which also coincides with India's Independence day, on 15th August. He showed us that we were always free and how to enjoy a life of freedom.

The guru cannot exist without the *śiṣya*.

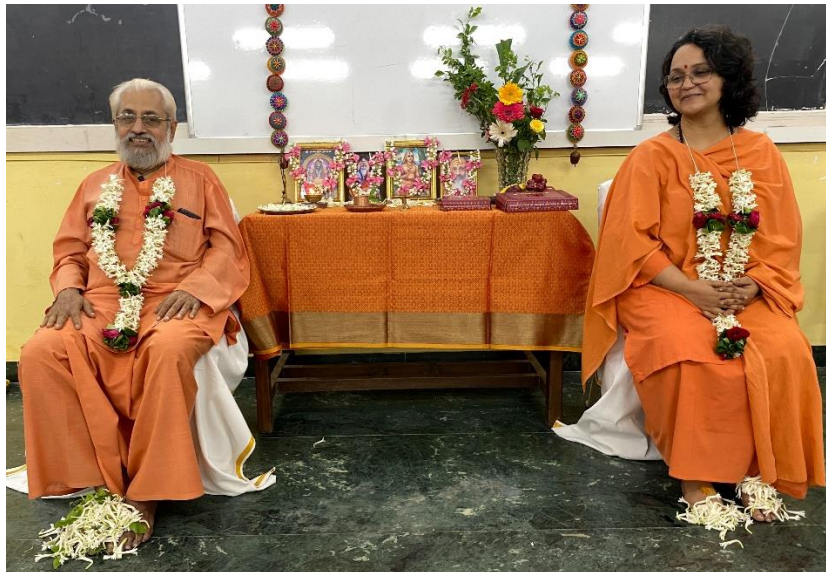
Blessings cannot flow without *śraddhā*.

Knowledge cannot be there without the knower.

We cannot be there without you.



It was a doubly joyous *Gurupūrṇimā* as we met some of you who are based in Mumbai for the celebration almost two and a half years later. After zooming classes online, we experienced each other as three dimensional again!



By the time you read this we would have completed our talks in the UK at the [World Yoga Festival](#). It might be interesting for you to know that this festival now in its sixth successful year was started by Ram and Sonali Banerjee, a dynamic couple in their mid fifties with no background of organising such large, open air events. Just one conversation with Pujya Swami Dayananda ji on the banks of the Ganga was enough fuel for their rising bhakti and eagerness to contribute meaningfully in sharing authentic Yoga and Vedanta. It has become one of the most looked forward to, beautifully organised events in the wellness calendar. At least 2000 people attend this event trying to master their yoga *āsana*-s with world masters, get introduced to Vedanta and enjoy some Indian classical music and dance in the evening. More than 100 volunteers work hard to ensure a great experience for all. Just some *āsana, prāṇāyāma* has been so life transforming that these British volunteers feel they want to give back something to Yoga. Contributions and consistent seva like this keep *Sanātana Dharma* and the *Guru-śiṣya* tradition of teaching and learning alive, wherever it be in the world.

We seek the anugraha of Pujya Swamiji for all our pursuits.

Our koti koti *praṇām*-s to the guru of gurus.

With love and prayers,

Brahmavidananda
Brahmaprajnananda