## Aarsha Vidya Bharati - Apr 2022 Chaitra - Vaisakha 2079

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the Apr 2022 issue or read any of the articles.

## Bengaluru Vedanta Retreat



The Vedanta retreat will serve as an introduction to the vision of Vedanta and how to live this vision of oneness. The retreat will mirror the schedule of a traditional gurukulam with puja, practice of asana/ pranayama, meditation, classes, self- reflection, discussions and quiet time. Click here to learn more.

## The Details of the Retreat are as follows:

**Date & timings**: Starts on the evening of Friday, April 22, 2022, 5pm and concludes on Sunday, April 24, 2022, 3pm.

**Venue**: Ritambhara Retreat, No. 69, BMTC Layout, Adjacent to Kammasandra Village, Lakshmipura Hobli.

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