

Establishing a spiritual foundation for our children



Pray

Celebrate Festivals

Doing Puja

Foster a connection with Bhagavan

Classical Dance, Music, Theatre

Encourage when children practise Dharma

Model/Practise the values of Dharma

Establish Dharma as a framework for life

Narrate stories from Ramayana & Mahabharata

Teach the Law of Karma

Use 3 shaktis (powers to think, feel and do) to problem solve

Singing Bhajans

With our Teachers And Rishis

With the Great Elements

See (and practise) our Interconnectedness

With People around us

With our Devatas

With our Ancestors

With the Environment



Spiritual Heritage Of India For Next-Generation Empowerment.

Establishing a spiritual foundation for our children

