## Establishing a spiritual foundation for our children

Celebrate Festivals Pray Doing Puja Foster a Classical Dance, Learning Shlokas connection Music, Theatre with & Samskritam Bhagavan Singing Bhajans visit Temple With our Teachers And Rishis With the With our Ancestors Great Elements See (and practise) Interconnectedness With the Environment With People around us With our

Devatas

Encourage when children practise Dharma Establish Dharma Teach the asa framework Law of for Karma life

Model/Practise the values of Dharma Narrate stories From Ramayana & Mahabharata

WARAN CASA A BANA

Use 3 shaktis (powers to think, feel and do) to problem solve



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