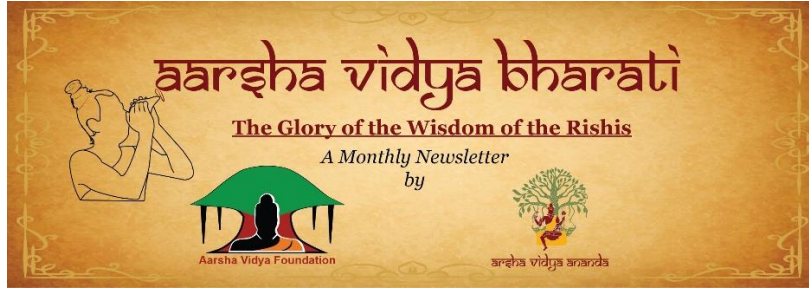


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# Aarsha Vidya Bharati - Dec 2021

A monthly newsletter that will bring you more happiness, more wisdom and more freedom

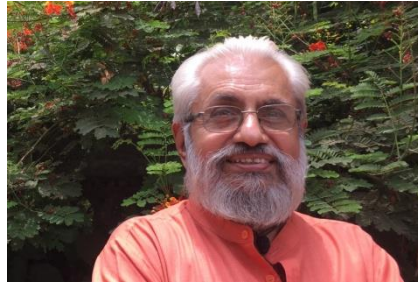


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This is one of many articles from our monthly newsletter. Access the [Dec 2021 issue](#) or read any of the [articles](#).

## Guiding Light by Swami Brahmavidananda

Column in the Free Press Journal Newspaper



### Deepavali: The victory of dharma over adharma

The festival of Deepavali is on. In the North, the celebration is about Bhagavan Sri Rama returning home after killing Ravana on Dussehra day. Every house is lit up. I have also heard people say that it is for the Pushpak Vimana to land. That is in a lighter vein. The other legend is about Bhagavan Krishna killing Narakasura. Hence, Narak Chaturdashi is celebrated as one of the main days of Deepavali. Read the full column [HERE](#).

### The scriptural source of Deepavali

Recently, doubts have been raised by some people in positions of power about Deepavali not being mentioned in the Ramayana, and hence the question – What is the reference for celebration? Is there a scriptural mention of Deepavali? Although the Ramayana does not mention it, Deepavali was celebrated during Bhagavan Sri Rama's time. Read the full column [HERE](#).

### Understanding Vedic wisdom

Vedic wisdom is divided into two: Shruti, which is revealed knowledge to the Rishis by Ishvara, and the second is Smrti, knowledge remembered by great masters and written down. Read the full column [HERE](#)

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