## Aarsha Vidya Bharati - Dec 2021

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the <u>Dec 2021 issue</u> or read any of the <u>articles</u>.

## **Editorial**

Delighted to welcome you all to the fourth edition of the Vedic Wisdom Festival.

It is your festival. Let us celebrate Vedic Wisdom.

With the theme of Vedic vision for a complete life, the topics range from Mental health and Ayurveda, How Vedanta works, The glory of temples, Yoga for Vedanta, Sanskrit - the oldest and the most sophisticated language, Learning for Life from the Bhagavad Gita, Kalarippayattu - The ancient Indian martial art and much more.

Do <u>register</u> soon and spread the word!

www.vedicwisdomfestival.in



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