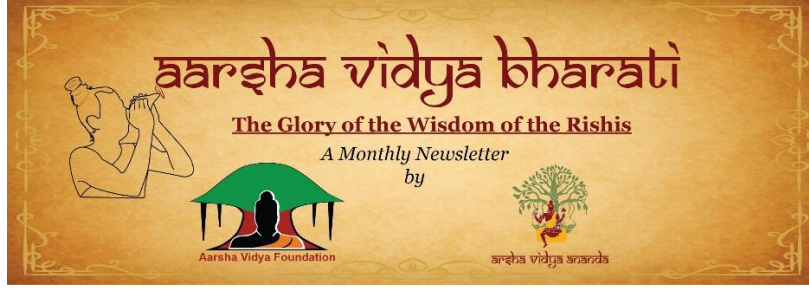

Aarsha Vidya Bharati - July 2021

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [July 2021 issue](#) or read any of the [articles](#).

Welcome

It was the 1990s. We had gathered in Pujya Swami Dayananda ji's kutiya in the Anaikatti gurukulam. Some trustees and Pujya Swamiji's students who had become teachers were present. The topic of discussion was a new newsletter. While thinking of potential names, the first name that Pujya Swamiji said was '*Ārṣa Vidyā Bharatī*'. Some of us really loved the name. For some reason or the other that name was not used.

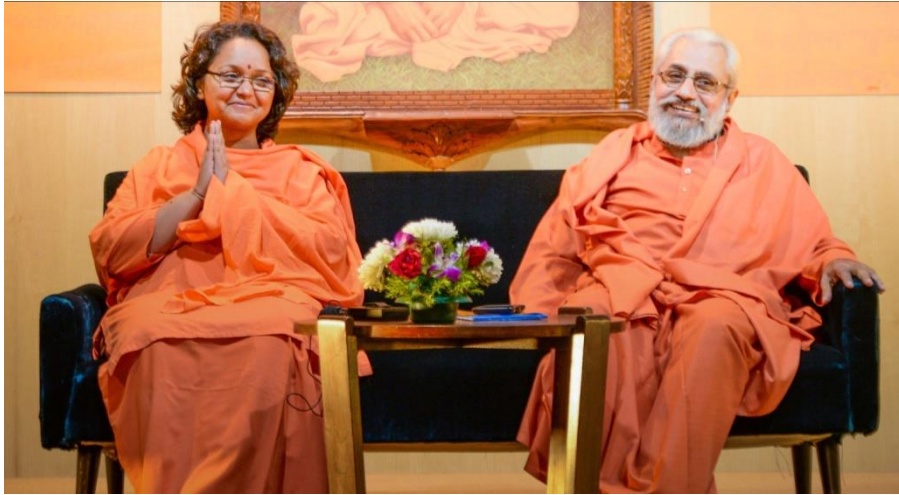
Now in 2021 when we decided to start our newsletter, we finalised this name in honor of Pujya Swamiji. Bharati means the one who revels in the light. So this newsletter is for all who revel and who want to revel in the light of *Ārṣa Vidyā*. *Ārṣa* means that which has come from the *rṣis*, seers and gurus in the *Upaniṣads* who established the knowledge tradition. *Vidyā* means knowledge. So **Aarsha Vidya Bharati** (*Ārṣa Vidyā Bhāratī*) means the one who revels in the knowledge of the Rishis. Our commitment is for you to discover and live the liberating vision of fullness and connection with one and all. The purpose of *Ārṣa Vidyā Bharatī* e-newsletter is

- To offer insights into self growth and self discovery of oneself as the limitless.
- To aid ongoing learning and assimilation of Vedanta
- To update people with classes, courses, events, videos, articles and podcasts published in the month.
- To foster a *sangha*, a community of like-minded people who learn, share, support and inspire each other in the pursuit of *mokṣa*.

The newsletter is curated in a way that both, a beginner to Vedanta as well as a student of many years will be benefitted. Although we are initiating this, it is **your** newsletter.

Special thanks to Varsha Shankar and team who have brought out the first issue with much love. We begin our newsletter with the grace of our Gurus most appropriately in the month of *Guru Pūrṇimā*. Some of the articles are written by our students. The *Paramparā* continues. There are regular features like Spotlight, Living our tradition, Joining the dots and so on. Please do read, learn, share, contribute and ask. Everyone's life will be enriched.

Swami Brahmavidananda and Swamini Brahma Prajnananda.



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