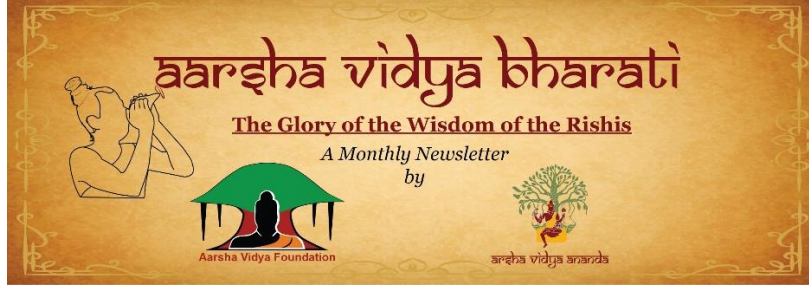


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# Aarsha Vidya Bharati - July 2021

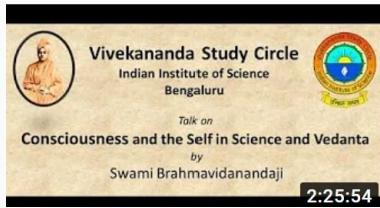
A monthly newsletter that will bring you more happiness, more wisdom and more freedom



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This is one of many articles from our monthly newsletter. Access the [July 2021 issue](#) or read any of the [articles](#).

## Videos Published (June 2021)



Consciousness and the Self in Science and Vedanta (2hrs.25 min.)

**by Swami Brahmanandananda**

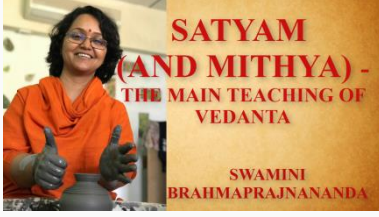
The talk aims to explore the paradigms of Science and Vedanta with respect to Consciousness, the similarities and differences in the enquiry in Science and Vedanta and how the concepts of experimentation and validation are dealt with in these two major streams of thought.).



*Jīvanmukti* – Freedom from Karma (1hr.14min)

**by Swamini Brahmajnananda**

What is the relationship between the *jīvanmukta*, i.e., the liberated person and Karma? In the liberating vision of Advaita Vedanta we don't need to go to a special place (read - *svarga*) or have a special experience (read - *samādhi*) to be free while living. This webinar was for the students of Hindu University of America and others.



*Satyam* (and *Mithyā*) – the Main teaching of Vedanta (30min)

by **Swamini Brahmajnananda**

Sanity is when we are in touch with reality. What is the reality of our lives and this world? Vedanta answers this question and liberates us from sorrow. It draws from the famous dialogue in the *Chāndogya Upaniṣad*. This talk was given to the Vedanta students in Brazil for the anniversary celebrations of Vishvavidya, an institute started by Acharya Jonas Masetti (Also Vishvanatha). The Portugese translation has been edited out.

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