Aarsha Vidya Bharati - July 2021

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the <u>July 2021 issue</u> or read any of the <u>articles</u>.

Class Announcements



Gita Amrtam Course

The Bhagavad Gītā reveals the vision that you are amrtam (not subject to and the way of death) joyful living to see the vision. The $G\bar{\imath}t\bar{a}$ is Amrtam because it is a complete teaching of the sweet essence of the Vedas. Jagadguru Ādi Śaṅkarācārya reminds us that to 'the one who has studied the Bhagavad Gītā even a little, there is no discussion with Yama, the Lord of Death.' (Bhaja Govindam - 20). Such is its glory! Registrations are **open** for this course.



Ramayana (Valmiki)

In our current times of conflict, social unrest and injustice the world over, whom can we turn to for guidance and inspiration? Whom can we turn to for stability, clarity and resilience to deal with our lives? Who else but the warrior-prince of Ayodhya, Sri Rama himself, also called *Maryada Puruṣottama*! Swamiji brings alive Sri Rama's story in a way that applies to the contemporary context, enriching our lives with meaning and happiness.

Videos of Swamiji's other on-going courses on $Upadeśa s\bar{a}hasr\bar{\iota}$ and $Bhagavad G\bar{\iota}t\bar{a}$ are available here.